

Course Name:	Painting with Oils and Acrylics	Start Date:	Thursday 16 January
Tutor Name:	Daniela Balmaverde	Time:	5.00 – 7.00pm

You can decide to use either oil or acrylic or both. Optional: there is the possibility to start a painting in acrylic and finish it up with oils.

To complete beginners, I would recommend starting with acrylic paint and then using oil painting after getting more confident with acrylic.

Advice: Is best to keep tubes and brushes for oil and acrylic in different containers!

Please also bring in a good quality image or images that inspire you to work, if you feel you will need visual references for your work.

I will post weekly projects in an online private platform to inspire you. Ultimately you decide what to work on!

Below is a list of materials for students that wish to work with OIL (Mainly) and Acrylic

Support:

You will need to bring in a board or canvas or paper pad for oil paint to work on. Is not recommended to use oil on normal paper. The oil will deteriorate the paper unless this has been primed.

Colours:

In terms of what colours, you will need, most brands have good starter sets of paint available in a variety of colours but sometimes it can be cheaper to buy specific colours in individual tubes.

I usually find Winsor & Newton to be a good quality brand even in the student range of paint.

If you are buying individual tubes, then good colours to always have at hand are:

- Raw Umber
- Burnt Umber
- Ultramarine Blue
- Prussian Blue
- Cobalt Blue
- A primary yellow Chrome Yellow Hue
- A primary red for instance Cadmium Red
- Viridian
- Titanium White*
- Naples Yellow
- Permanent Rose

*You will need a large tube of white because it is usually the colour that runs out first.

Optional: you may also wish to bring with you, if you have them already, a small range of acrylic colours if you think you will need a few undercoats to build up the beginning of your painting depending on your composition of choice.

Brushes:

I recommend the following brushes below.

- 2inch Flat Brush approx.
- 1inch Flat Brush approx.
- 1/2-inch Brush (Flat/Bright) approx.
- A range of Filbert Brushes (Large, Medium & Small) Medium and Small Round Brushes
- Fan Brush
- Palette knives

NB. the larger brushes on the list should be coarser haired bristle brushes and the medium and smaller brushes could be a combination of both coarse haired brushes e.g. hog hair or a synthetic equivalent and softer nylon or sable brushes.

You don't have to stick to the guide just aim to have one coarse large brush, a couple of medium brushes in different types and one or two small brushes.

Brushes are usually made specifically for use with a certain type of paint; however, the same brushes can often be used for both oils and acrylics (regardless of what it says on the label).

Although when buying the larger brushes for use with oils make sure to get the ones that have thicker/coarser bristles that can hold larger quantities of paint.

Mediums:

Suggested mediums are linseed oil and Liquin. A small amount of odourless spirit like Sansodor is useful at the start of the painting. Please note that in the class Turps and White Spirit cannot be used due to health and safety.

Palette:

You will need a palette to work on; you can buy palettes or even just bring in an old ceramic plate or tile to work on. There are disposable palettes available in most art supply shops which save time cleaning but are a bit more wasteful.

Cleaning The Brushes:

I will go through a safe brush cleaning method in the first class, we don't use white spirits or turpentine in class. You can get a non-toxic brush cleaner for oils, the one I use is called 'The Master's Brush Cleaner and Preserver' available on Amazon and in Bradbury Graphics in the city centre.

If you plan to use ACRYLIC (Mainly) below is a list of materials:

Paint:

Most brands have good starter sets of paint available in a variety of colours but sometimes it can be cheaper to buy specific colours in individual tubes.

Daler Rowney acrylic paint makes good paint for students. If you are buying individual tubes, then suggested hues are:

- Lemon and Cadmium Yellow
- Permanent Rose
- Cadmium Red
- Cerulean
- Ultramarine Blue
- Viridian
- Burnt Siena
- Payne's Grey

You will need a large tube of white because is usually the colour that runs out first.

After getting confident with basic acrylic, I would suggest some high flow acrylic, water-based acrylic spray and a few mediums.

Brushes:

- 2inch Flat Brush approx.
- 1inch Flat Brush approx
- 1/2-inch Brush (Flat/Bright) approx.
- 1 small round brush for details
- Fan Brush
- Palette knives

Daler Rowney System 3 Skyflow Acrylic Brushes make good flat brushes to work with acrylic. I wouldn't recommend using these with oil.

Support:

As support for your painting, you can bring an acrylic paper pad (avoid Winsor & Newton acrylic pad because too shiny) or bring a board or canvas to work on. If you use paper 2 inches of masking tape would be advisable to fix the paper on the board and keep the edges tidy.

Palette:

You will need a palette to work on; you can buy palettes or even just bring in an old ceramic plate or tile to work on. There are disposable palettes available in most art supply shops which save time cleaning but are a bit more wasteful. A "stay wet palette" is my favourite choice. You can make one using a recycled tin box or A4 plastic box. I will show you how to make a "Stay wet palette" in the class!